

OUR MISSION

We empower Youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, healthy and positive environment.



Our Snack program is provided by CalFresh. We are able to distribute one meal per child per day. We will also provide one additional snack at the end of the day. If you have any questions, comments and/or concerns, ask to speak with Kenny.



**BOYS & GIRLS CLUB
OF THE REDWOODS**

TEEN CENTER WINTER SCHEDULE



Hours of Operation
Monday - Friday
3:00PM - 7:00PM
Every 4th Thursday of the Month is:
"Family Dinner Night"
6:00PM - 7:00PM

3015 "J" Street
Eureka, CA 95501

Phone: (707) 444-0184

Unit Director: Kenny Williams

Email: kwilliams@bgcredwoods.org

Our membership fee is \$30 for the school year.

Speak with Kenny regarding payments and other fee options.

We have additional fees for miscellaneous activities such as dances and field trips.

If you are interested in signing up for CalFresh, please speak with our Unit Director, Kenny. He is trained to help community members enroll in the program.

ENSURING SAFETY IS OUR BIGGEST PRIORITY

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00 PM	Snack	Snack	Snack	Snack	Snack
4:00 PM	Art Club	SMART Girls	Cooking Club	SMART Moves	Jerry Activities
5:00 PM	Gardening Club/Triple Play	Passport to Manhood	Media Club	FNL	Triple Play
6:00 PM	Board Games	Mentoring	Gaming	Mentoring	Gardening
6:30 - 7:00 PM	Clean-Up - Close	Clean-Up	Clean-Up	Clean-Up	Clean-Up

GARDENING - Join our Gardening Club to help grow our vegetables, fruits & flowers.

MENTORING - Youth are offered the opportunity to meet one-on-one with a Mentor to discuss pressing ideas & life goals.

GIRL SPACE/SMART GIRLS - Is a (small-group:) Health, Fitness, Prevention/Education and Self-esteem enhancement program designed to meet the development needs of Girl's.

ART - Come Join us & use your Imagination in creating: Sculptures, Collages, Paintings and Drawings.

PP2MH - This Program promotes & teaches adolescent Male's to transition from Boy to Man-Hood, it also requires young Male's to understand and manage physical changes in their bodies.

JERRY ACTIVITIES - These activities are bonding, engaging, working together, and winning prizes while having fun.

TRIPLE PLAY - Designed to learn and incorporate healthy habits, emphasize good nutrition, physical activities and improving one's overall well being.

POWER HOUR - Teen's to get their Homework done, with the help from Staff and HSU student's.

COOKING CLUB - Member's learn about how to use Kitchen utensil's, healthy meal planning & time management.

SMART MOVES - Participant's will be exposed to various activities designed to hone their decision making & critical thinking skills, as well as learn how to avoid and/or resist alcohol, tobacco, other drug's & pre-mature sexual activity.