

**Our Membership fee is \$30
for the school year.**

**Talk to Kenny regarding
payments and other fee
options. We have
additional fees for dances
and some fieldtrips.**

If you are interested in
signing up for **CalFresh
AKA Food Stamps**,
please talk to Wendy. She
is trained to help
community members get
signed up!

Safety is our first priority
for everyone.

Our Mission

We empower youth to reach their
full potential as responsible,
caring and productive citizens
through professionally led
programs and activities that are
fun, positive and relevant in a
safe, supportive and healthy
environment.



Our snack program is provided by
CalFresh. We are able to distribute
one meal per child per day. We will
also provide one additional snack at
the end of the day. If you have any
questions, about to speak with
Kenny, the Unit Director.



Teen Center Spring Schedule 2024

Hours of Operation
Monday– Friday
03:00-7:00pm
Every 4th Thursday of the
month is Family
Dinner Night
6-7pm



3015 J St. Eureka
CA. 95501

Phone: (707) 444-0184
Kenny Williams– Unit Director
Kwilliams@bgcredwoods.org

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00pm - 3:30	Snack/Power Hour F.N.L	Snack	Snack	Snack	Snack
4:00pm	PP2MH	Power hour	Power Hour	Power hour	Jerry Activity
4:30pm	Activity K	Girl space Activity K	Nutrition Club Activity S	SMART Moves Activity W	Keystone Activity S
5-6pm	Triple Play Activity T	ART Activity T	Keystone Activity W	Triple Play Activity T	SMART Girls Activity T
6-6:30pm	Gardening K	Mentoring	Mentoring	Mentoring	Gardening K
6:30pm	Clean up	Clean up	Clean up	Clean up	Clean up
7:00pm	Closed	Closed	Closed	Closed	Closed

Gardening-Join our Garden Club to help grow our own vegetables, fruit and flowers.

Mentoring-Youth are offered the opportunity to meet one-on-one with a mentor to discuss pressing issues and life goals.
students.

Girls Space /SMART Girls— is a (small-group) health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls.

Art-Come join us and use your imagination in creating sculptors ,collogues, paintings, and drawings.

PP2MH-This program promotes and teaches adolescent males to transition from boyhood to manhood, it also requires young males to understand and manage physical changes in their bodies.

Jerry Activity-These activities are bonding, engaging, working together, and winning prizes while having fun.

Keystone-is the Boys & Girls Club Movement’s most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. They conduct activities in three areas: academic success, career exploration and community service.

Power Hour-This club is for teens to get there homework done, with the help from staff and HSU students.

Nutrition Club-This club is where members learn about how to use kitchen utensils, healthy meal planning, and time management.

SMART Moves-Participates will be exposed to various activities designed to hone their decision-making and critical-thinking skills, as well as learn how to avoid and/ or resist alcohol, tobacco, other drugs and premature sexual activity.

Junior Staff-Junior Staff assists club members ages 13-18 in exploring a career in office management skills and leadership skills.

FNL-Friday Night Live

Triple Play-Design to incorporate healthy habits, emphasizes good nutrition, physical active and improve overall well-being