

Our membership fee for the school year is \$30. It is \$50 for the summer, or \$25 for existing members. Please talk to Chad regarding payment options.

Snacks:

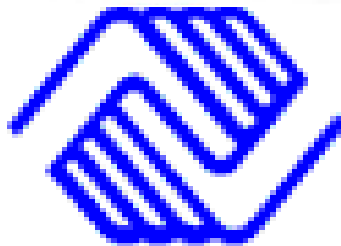
Snack is at 3:00pm and second snack is at 5:00pm. They are both provided by Cal Fresh. Please feel free to provide your child with an additional healthy snack.

Members will be picked up and walked to the Clubhouse if they attend Alice Birney Elementary School. Members attending Pacific View will be shuttled via BQCR vehicle by staff.

Our Mission

We empower youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, supportive and healthy

GREAT FUTURES START HERE.



CALFRESH

Cal Fresh AKA Food Stamps

Did you know you could sign up for the CalFresh program here at the Clubhouse?
Talk to Chad



Clubhouse Schedule Spring 2024

Hours


Monday & Friday

1pm - 6pm

Tues/Wed/Thurs

2pm - 6pm

Chad Brown
Clubhouse Program Director
(707) 442-9142
3117 Prospect Avenue

 BOYS & GIRLS CLUB OF THE REDWOODS	Monday	Tuesday No Tech Tuesday!	Wednesday	Thursday	Friday Fun Friday!
1:10p—300p	Snack Power Hour Triple Play				Snack T3—Tech Club
3:00p—4:00p	Power Hour Triple Play Passport to Manhood	Snack Power Hour Anime Club Outside Play	Snack Power Hour Triple Play Nutrition Club	Snack Power Hour Triple Play Garden Club	Snack Park Day! T3—Tech Club
4:00p—4:45p	Mentoring Torch Club	Mentoring Smart Moves	Mentoring Smart Girls	Mentoring Trivia w/Jerry Lil Trivia	Mentoring T3—Tech Club
4:45p—500p	Clean & Reorganize	Clean & Reorganize	Clean & Reorganize	Clean & Reorganize	Clean & Reorganize
5:00-5:30	Second Snack	Second Snack	Second Snack	Second Snack	Second Snack
5:30-6:00	Games/Outside Play	Games/Outside Play	Games/Outside play	Games/Outside Play	Games/Outside Play

Gardening-Join our Garden Club to help grow our own vegetables, fruit and flowers.

SMART Moves-Members will be exposed to various activities designed to hone their decision-making and critical-thinking skills.

Anime- Members watch videos, sketch, paint and explore the animation genre

Triple Play-A comprehensive health and wellness program that strives to improve the overall health of members by increasing daily physical activity, learning about good nutrition, and helping develop healthy relationships.

Passport to Manhood- Passport to Manhood promotes and teaches responsibility in Club boys. Passport to Manhood consists of 14 sessions, each of which concentrates on a specific aspect of manhood through highly interactive activities.

Nutrition Club- Members learn kitchen safety as well as how to make healthy choices when picking meals.

SMART Girls- a small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls

Smart Moves— a small group program that prioritizes Social Awareness, Social Emotional skill building and Friday Night Live activities

T3— Tomas Tech Titans—Members learn coding, computer repair, internet navigation, online safety, typing and gaming

Torch Club- Members learn to elect officers and work together to implement activities in four areas: service to Club and community, education, health and fitness and social recreation.

Power Hour—Members can attend Monday—Thursday to complete homework with assistance from staff