## **MEMBERSHIP**

Our Membership fee for our after school program is \$30.

This fee includes daily snacks, daily group activities, special meals, adventures etc.

Additional fees may apply for specific special events and some of our field trips.

Our upcoming summer program is \$25 for current members and \$50 for new members.

## FIVE KEY ELEMENTS FOR POSITIVE YOUTH DEVELOPMENT

- Provide a safe, positive environment
- Provide access to fun & a sense of belonging
- Provide access to supportive relationships
- Provide meaningful opportunities & expectations
- Provide formal and informal recognition
- Maintaining a physically & emotionally safe space for every youth that enters our doors is our #1 priority.
   We value each individuals unique personhood & celebrate our diversity.

## **OUR MISSION**

We empower youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, supportive and healthy environment.



BOYS & GIRLS CLUB OF THE REDWOODS

MCKINLEYVILLE TEEN CENTER
1705 GWIN RD.
CA. 95519

PHONE: (707) 840-0304
MARIE REAM-UNIT DIRECTOR
MREAM@BGCREDWOODS.ORG





McKinleyville Teen Center Winter Schedule 2023/2024



Hours of Operation
Mon. 2:00PM-6PM
Tues.-Fri. 3:00PM-7PM



	Monday	Tuesday	Wednesday	Thursday	Friday
2/3:00—4:30	Power Hour/ Daily Snack Open Gym/Triple Play	Daily Snack Open Gym/Triple Play			
4:30—5:30	Cooking Club	Art Unlimited/ Photo Club	Girls Group/ Guys Group	Friday Night Live	Kick Down the Closet Baking Club/DND
5:30—6:30	Mentorship/ SMART Moves	Mentorship/ SMART Moves	Mentorship/ SMART Moves	Mentorship/ SMART Moves	Mentorship/ SMART Moves
6:30—7:00	Free Time/Clean-up	Free Time/Clean-up	Free Time/Clean-up	Free Time/Clean-up	Free Time/Clean-up

Power Hour: Members receive help with homework, school projects, life skills, career focus, job applications and resumes.

Cooking Club: Members learn skills in the kitchen and how to create affordable healthy dishes.

Baking Club: Members learn baking skills.

Photo Club: Members will learn basic photography and editing skills as well as traveling to scenic locations to take photos.

Girls Group: A health and wellbeing education that increases self-esteem and smart decision making.

Guys Group: A health and wellbeing education that increases self-esteem and smart decision making.

Kick Down the Closet: A safe space for LGBTQ+ members and allies to gather and discuss their lives and learn how to navigate society.

Triple Play: Designed to incorporate healthy habits, emphasizing good nutrition, physical activity and improving overall well-being.

SMART Moves: A critical-thinking and decision making program designed to talk about healthy relationships, substance use prevention, emotional wellbeing, and more.

DND: Members play Dungeons and Dragons together. DND encourages positive social interaction, communication skills, diversity, active listening and fosters creativity.

Friday Night Live: Our FNL program provides youth with an opportunity to gain valuable leadership, peer education and community service experience.

Free Time: Members engage in numerous activities that allow for fun and relaxation.

Art Unlimited: Projects like drawing, painting, print-making, crocheting and crafting.

Mentorship: Our mentorship program pairs members with a staff mentor for a once a week one hour mentoring session. Contact Marie if you have questions.