

**SAVE THE
DATE!**

*Humboldt County
Transition Age Youth
Collaboration presents:*

Wellness Week 2023

**WORKSHOPS!
PRIZES!
FOOD!
COMMUNITY!**

**8 DIMENSIONS OF
WELLNESS**

Aug. 7-11

AGES 16-26

**WITH EXPERIENCE IN FOSTER CARE,
JUVENILE JUSTICE, BEHAVIORAL HEALTH
AND HOMELESSNESS.**

LEAVING YOUR HOUSE IS AN ADVENTURE!

Full schedule of workshops coming soon.
For more information, contact
707-476-4922 or staff@hctayc.org.

