Our Membership fee is $30 for the school year.

Talk to Kenny regarding payments and other fee options. We have additional fees for dances and some fieldtrips.

If you are interested in signing up for **Cal-Fresh AKA Food Stamps**, please talk to Kenny Williams. Kenny is trained to help community members get signed up!

Safety is our first priority for everyone.

Our Mission

We empower youth to reach their full potential as responsible,

caring and productive citizens through professionally led

programs and activities that are fun, positive and relevant in a safe, supportive and healthy

environment.

Our snack program is provided by the Government. We are able to distribute one meals per child per day. We will also provide one additional snack at the end of the day. If you have any questions speak to Kenny the Program Director.

BOYS & GIRLS CLUB OF THE REDWOODS

Teen Center Fall Schedule

2022

Hours of Operation
Monday– Friday
03:00-7:00pm

Monday Night Football
5:30-7:00pm

3015 J St. Eureka
CA. 95501
Phone: (707) 444-0184
Kenny Williams– Unit Director
Kwilliams@bgcredwoods.org

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00pm - 4:00pm	Snack Power hour	Snack Power hour	Snack Power Hour	Snack Power hour	Snack Jerry Activity
4:00-5pm	Gardening Activity	Triple Play Activity	Nutrition Club Activity	Triple Play Activity	Keystone Activity
5-6pm	Jerry Activity M.N.F	Girl Space Activity	PP2MH Activity	SMART Moves Activity	SMART Girls Activity
6-6:30pm	Mentoring ART	Gaming Tourney	Mentoring	Gaming Tourney ART	Gardening
6:30pm	Clean up	Clean up	Clean up	Clean up	Clean up
7:00pm	Closed	Closed	Closed	Closed	Closed

Gardening-Join our Garden Club to help grow our own vegetables, fruit and flowers.

Mentoring-Youth are offered the opportunity to meet one-on-one with a mentor to discuss pressing issues and life goals.

students.

Girls Space /SMART Girls— is a (small-group) health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls.

Art-Come join us and use your imagination in creating sculptors ,collogues, paintings, and drawings.

PP2MH-This program promotes and teaches adolescent males to transition from boyhood to manhood, it also requires young males to understand and manage physical changes in their bodies.

Triple Play–Designed to incorporate healthy habits, emphasizes good nutrition, physical active and improving overall body.

Jerry Activity-These activities are bonding, engaging, working together, and winning prizes while having fun**.**

Keystone-is the Boys & Girls Club Movement's most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. They conduct activities in three areas: academic success, career exploration and community service.

Power Hour-This club is for teens to get there homework done, with the help from staff and HSU students.

Nutrition Club-This club is where members learn about how to use kitchen utensils, healthy meal planning, and time management**.**

SMART Moves-Participates will be exposed to various activities designed to hone their decision-making and critical-thinking skills, as well as learn how to avoid and/ or resist alcohol, tobacco, other drugs and premature sexual activity.