

More About YOUth Choose...

YOUth Choose is an evidence-based psycho-educational tool for early-stage mild or moderate users. It is conducted as a confidential, one-on-one two-part series, with an optional 3rd session which includes interested parent/guardians.

Teens can utilize this free service on their own or may be referred to the YOUth Choose sessions from either a Probation Officer, School disciplinary officer, Police Diversion officer, or a Teen Court jury. The focus of the sessions is to address destructive behavior, talk about good decision making and how to implement positive changes.



CALL TODAY TO SIGN UP!

707-444-0153

WHAT: Two 1 hour sessions between adult facilitator and youth (optional 3rd session with parent)

WHEN: Flexible Scheduling T-TH

WHERE: Boys & Girls Club Teen Center; 939 Harris Street, Eureka (Corner of K & Harris)
-or-
Virtual
-or-
Elsewhere by arrangement

WHO: Teens between the ages of 13-18 and interested parent/guardians

Phone: 707.444.0153
hcteencourt@bgcredwoods.org
www.hcteencourt.org
939 Harris Street
Eureka, CA 95503



BOYS & GIRLS CLUB
OF THE REDWOODS

YOUth Choose:

*For Substance
Experimenting Teens*



*FREE alcohol and other drug
early intervention, psycho-
educational sessions for teens*



BOYS & GIRLS CLUB
OF THE REDWOODS

Humboldt County Teen Court

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About the Two-Part Sessions

We make choices every day. Sometimes our choices have unintended consequences or negative impacts upon ourselves and/or others.



In these interactive one-on-one confidential sessions we focus on raising awareness of problems and recommending specific changes or activities. The youth participant leads the way in identifying the positive changes they will make.

The Goal:

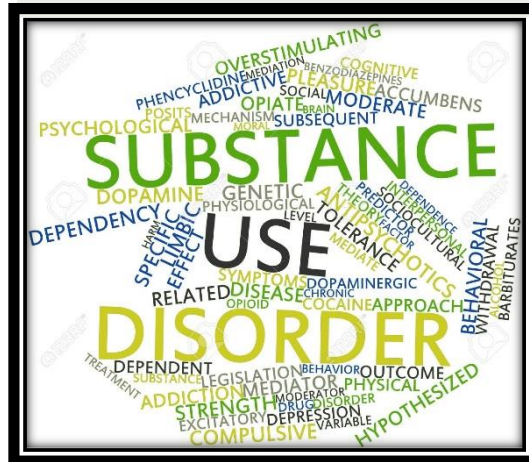
The goal is for participants to be able to make informed decisions and to choose the best options for their health and safety.

Who Should Attend YOUth Choose?

- Youth who are engaging in alcohol or other drug use or are considering doing so
- Youth who have had some trouble with the law and are completing probation/court requirements
- Parent/guardians of youth fitting any of the descriptions above

Sessions Cover:

- Choices and consequences
- Identifying resources and supports
- Empowering youth to make positive changes through an action plan
- Improving parent-teen relationships
- What parents can do to support their teen



Humboldt County Teen Court Mission Statement:

To provide early diversion opportunities for first-time, low-level juvenile offenders. We offer opportunities for all youth to positively contribute to their communities and empower teens to be accountable for their offenses through restorative justice processes. Teen Court accomplishes these goals through peer accountability processes, educational opportunities, youth leadership trainings, YOUth Choose substance prevention program, and a youth court where teen volunteers hear real juvenile criminal cases and determine a restorative sentence that Teen Court monitors.

Call today to set up a
**YOUth Choose
appointment**
707-444-0153