



Fitness challenge

Members of the Boys & Girls Club of the Redwoods Clubhouse tested themselves earlier this week by participating in the National Fitness Competition. The competition features various challenges — from relay races

to sit-ups, encouraging participants to strive to achieve their best. Boys & Girls Club of the Redwoods is among the first in the nation to get on board with this fitness program. Teens at the Eureka Teen Center com-

peted Friday in a teen version of the competition. On hand assisting were employees from US Cellular. Their local support also includes a \$5,000 donation that will impact programs focused on academic success.