

OUR MISSION

We empower youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, supportive and healthy environment.



Our first snack is provided by the Food Bank. We are only able to distribute one of these snacks per child per day. We serve a second snack at the end of the day. If your child feels that these snacks are not enough please pack them an extra snack.

Club House is staffed with well trained, youth development professionals that understand the issues and needs of children in today's complex society. Please stop by, meet the staff, and take a tour anytime during our open hours. Parents are always welcomed and encouraged to drop in and participate in activities with their children.

If you are interested in signing up for **Cal Fresh AKA Food Stamps**, please talk to Taylen Winters. She is trained to help citizens fill out paperwork!

THE BOYS & GIRLS CLUB OF THE REDWOODS



BOYS & GIRLS CLUB
OF THE REDWOODS

Club House

WINTER SCHEDULE 2015

HOURS M 1:30-6 T-F 2-6PM
MINIMUM DAYS M-F 1-5PM
NO SCHOOL-HOURS WILL
VARY
SCHOOL YEAR MEMBERSHIP
FEE \$30



Great Futures Start Here!

Location:
3117 Prospect St. Eureka
(707)442-9142
Tou Thao -Unit Director

	Monday	Tuesday	Wednesday	Thursday	Friday
2:00-3:00 (M) 1:30-3:00	Pick up & Snack time	Pick up & Snack time	Pick up & Snack time	Pick up & Snack time	Pick up & Snack time
3:00-4:00	Power Hour	Power Hour Jewelry Making Club	Power Hour	Power Hour	Arts & Crafts
4:00-4:40	Torch Club	Passport to Manhood	SMART Girls	Nutrition Club	Community Service
4:45-5:25	Computers Time	Triple Play	SMART Moves	Youth 4 Unity	Computer Time
5:30-6:00	Clean up & Walkers go home	Clean up & Walkers go home	Clean up & Walkers go home	Clean up & Walkers go home	Clean up & Walkers go home

Power Hour- Homework help is provided for all members, it is not mandatory; however, parents can request it mandatory for their child/children.

Computers Time- A time in which members will be able to use the computers with adult supervision.

Nutrition Club- Members will learn kitchen skills and cleanliness along with how to cook a healthy meal. This Club partners with the **Cal Fresh** program and helps put on monthly family nights.

SMART Girls- Learn to respect yourself and others while learning healthy lifestyles. Permission slips required!

Passport to Manhood- Promotes and teaches responsibility in Club boys ages 8-17.

Torch Club- Members learn to elect officers and work together to implement activities in four areas: service to Club and community, education, health and fitness and social recreation.

SMART Moves— A nationally acclaimed prevention program that exposes members to various activities that hone their decision-making and critical thinking skills as well as learn to resist or avoid alcohol, tobacco, or other drugs, and premature sexual activity .

Youth 4 Unity- Promotes and celebrates diversity, while combating prejudice and discrimination.

Jewelry Making Club- This six week program ran by a professional jeweler from Baroni's will teach the art of making fine jewelry to members from 3:30 to 4:30pm.