

Our Mission

“We empower youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, supportive and healthy environment.”

Club Hours:

Fall Session
Starts August 27th
Monday — Friday
2:00 pm — 7:00 pm

Attention Parents:

Welcome to the Boys & Girls Club of the Redwoods. We are excited to have your child as a member of our Club! Please remember that this is an open door facility, as we serve youth between the grades 6th-12th — if you do not want your child to leave after they arrive, please inform the front desk staff.



BOYS & GIRLS CLUB
OF THE REDWOODS

**McKinleyville Teen
Center**

Fall

2018

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McKinleyville Teen Center
Unit Director
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	Monday	Tuesday	Wednesday	Thursday	Friday
(m)2:00 - 3:00 3:00-3:30	Social/Mentoring Eco Club	Social/Mentoring	Social/Mentoring	Social/Mentoring	Social/Mentoring
3:30-4:30	Power Hour Snack	Power Hour Snack	Power Hour Snack	Power Hour Snack	Power Hour Snack
4:30 - 5:15	SMART Moves	Passport to Manhood SMART Girls	Safe Zone Youth for Unity	Torch	Grab Bag STEM
5:15-6:00	Music Triple Play	Movie Documentary & Discussion	Triple Play	Keystone	Triple Play STEM
6:00-6:30	Gardening	Cooking Crew	Gardening	Cooking Crew	Gardening
6:30 - 7:00	Clean up and close	Clean up and close	Clean up and close	Clean up and close	Clean up and close

Cooking Crew- Members learn skills in the kitchen and how to create healthy dishes.

Power Hour- Youth are offered the opportunity for one-on-one or group tutoring to discuss homework or topics not fully understood.

Gardening- Members will learn to cultivate and grow their own garden life. Plants will range from edible vegetables and fruit to decorative, and change depending on the season. Members will learn to care for, de-weed, and grow their own gardens.

Passport to Manhood-This program promotes and teaches adolescent males to transition from boyhood to manhood, it also requires young males to understand and manage physical changes in their bodies.

SMART Girls-Is a health, education and self-esteem enhancement program designed to meet the developmental needs of young girls.

SMART Moves- Is a critical-thinking and decision making program designed to address bullying, drugs, sexual harassment, and more.

STEM-The Teen Center is proud to be starting up it's own STEM (Science, Technology, Engineering & Math) Program

Triple Play-Designed to incorporate healthy habits, emphasizes good nutrition, physical active and improving overall well-being.

Torch- This program is a small group leadership and service program and implements activities in service to the school, the community, the Club, and health.

Keystone- Is the Boys & Girls Club most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. They conduct activities in three areas: academic success, career exploration and community service.