

Our Mission

Great Futures Start Here!

We empower youth to reach their full potential as responsible, caring and productive citizens through professionally led programs and activities that are fun, positive and relevant in a safe, supportive and healthy environment.

Our membership fee for the school year is \$30. Talk to Laurena regarding payments options.

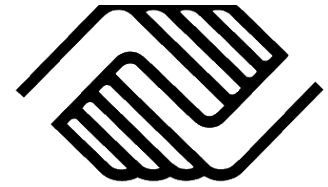
Our meal program is provided by the Boys & Girls Clubs of America. We will be providing snacks and meals at 2:15pm and 5:30pm. We are only able to distribute one snack and lunch per child per day. If your child feels that the lunch and snack is not enough please pack them an extra healthy snack.

The Club House is staffed with well trained, youth development professionals that understand the issues and needs of children in today's complex society. Please stop by, meet the staff, and take a tour anytime during our open hours. Parents are always welcomed and encouraged to drop in and participate in activities with their children.



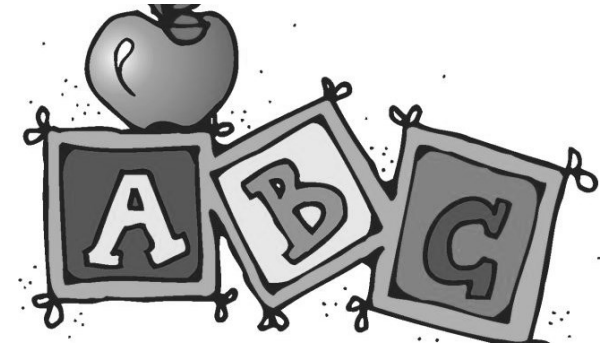
**Cal Fresh AKA Food Stamps
Did you know you could sign up
for the Cal Fresh program here at
the Clubhouse?
Talk to Nick Tibbs
442-9142**

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**BOYS & GIRLS CLUB
OF THE REDWOODS**


**Clubhouse
2018**



Hours
M 1:30-6 T-F 2-6pm
Minimum days
M-F 1-5pm
No School
hours will vary
School Year
Membership fee: \$30



Laurena Matava
Clubhouse Unit Director
(707) 442-9142
3117 Prospect Avenue
Eureka, CA 95501

	Monday 2-3 Grade	Monday 4-6 Grade	Tuesday 2-3 Grade	Tuesday 4-6 Grade	Wednesday 2-3 Grade	Wednesday 4-6 Grade	Thursday 2-3 Grade	Thursday 4-6 Grade	Friday 2-3 Grade	Friday 4-6 Grade
2:15-3:00 (M) 1:25-3:00	Member Meeting & Snack at Clubhouse (M) Power Hour 1:25-3:00	Member Meeting & Snack at Church (M) Power Hour 1:25-3:00	Member Meeting & Snack at Clubhouse	Member Meeting & Snack at Church	Member Meeting & Snack at Clubhouse	Member Meeting & Snack at Church	Member Meeting & Snack at Clubhouse	Member Meeting & Snack at Church	Member Meeting & Snack at Clubhouse	Member Meeting & Snack at Church
3:00-4:00	Triple Play Mentoring	Games Room Tournament	Power Hour at Clubhouse	Power Hour at the Church	Power Hour at Clubhouse	Power Hour at the Church	Power Hour at Clubhouse	Power Hour at the Church	Project Learn	Project Learn
4:00-4:30	Money Matters	Triple Play Mentoring	SPARK	My.Future Mentoring	Triple Play Mentoring	Torch Club Trivia	Board Games and Trivia	SPARK	SMART Girls	SMART Girls
4:30-5:00	Games Room Tournament	Money Matters	My.Future Mentoring	SPARK	SMART Moves (6-9)*	Triple Play Mentoring	SPARK	SMART Moves (10-12)*	Passport to Manhood	Passport to Manhood
5:00-5:30	Garden Club Free Choice	Garden Club Free Choice	Nutrition Club Free Choice	Nutrition Club Free Choice	Games Room Tournament	Games Room Tournament	Art Club Free Choice	Art Club Free Choice	Scouts	Scouts
5:30-6:00	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home	Second Snack Clean Up Walkers Go Home

Nutrition Club– Teaches our members kitchen skills, how to prepare healthy meals with a tight budget, portion sizes and food label reading skills. We partner with the CalFresh program.

SMART (Skills Mastery and Resistance Training) Moves– A nationally acclaimed prevention program. Members will be exposed to various activities designed to hone their decision-making and critical-thinking skills, as well as learn how to avoid and/or resist alcohol, tobacco, other drugs and premature sexual activity.

SMART Girls– Learn to respect yourself and others while learning healthy lifestyles. Permission slips required!

Passport to Manhood-Promotes and teaches responsibility in Club boys ages 8-17.

Project Learn—A program designed to aid in furthering academic engagement through high-yield activities, leisure reading and writing, and discussions with adults.

My.Future– Digital and media literacy that is enhanced by controlled media socialization through Boys & Girls Club of America online platform, MyFuture.net.

Triple Play– A comprehensive health and wellness program that strives to improve the overall health of members by increasing daily physical activity, learning about good nutrition, and helping develop healthy relationships.

Torch Club– Members learn to elect officers and work together to implement activities in four areas: service to Club and community, education, health and fitness and social recreation.

Mentoring-This is an opportunity for members to focus on goal setting, character building & to think about the future.

Money Matters– A program that promotes financial responsibility and independence.